



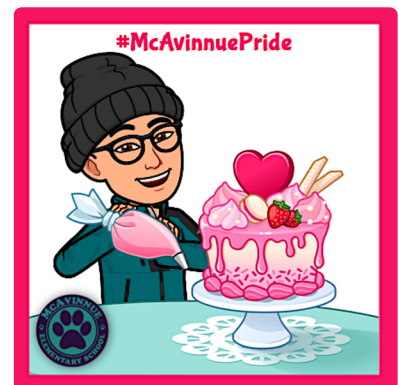
# THE LION'S ROAR

WEEKLY COMMUNITY NEWSLETTER: WEEK OF FEBRUARY 10TH

## MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone is had a great weekend! We will be entering the final week of school before the Winter Break. This will be a well deserved time away for everyone in the McAvinnue Community. We have just wrapped our 2nd round of assessments with our students and it appears that there is solid progress made across all grade levels. As you may be aware, this new data will be used to inform our decision-making regarding intervention groups and other ways that we can better support the needs of our students.



Please join us on Thursday, February 13th from 4:00 PM - Closing for McAvinnue's "Evening At Chuck E. Cheese" at 199 Plain Street in Lowell (next to the Target Plaza).

This will be a great time to come together and have some fun as a McAvinnue Community! There will be special deals that will save you money on game play and food purchases. You can use the coupon below to activate the savings.

We will send home a copy of the coupon with your child before the event. Please keep in mind that our school will receive 25% of the money that is spent during this event. All of the money that is raised will go directly back to our students for various activities and events!

Here is a quick reminder about Valentine's Day on Friday, February 14th for our PK - Grade 4 students. We will continue the tradition of exchanging of valentine cards in our classrooms. We only ask that you check in with your child's teacher if you are planning on bringing in any food or candy items with your child's valentines. We want to make sure that there aren't any allergies or food issues for any of our students. Also, please make sure that you include enough valentines for everyone in your child's class.

Finally, all Lowell Public Schools will be closed on Monday, February 17th - Friday, February 21st due to the Winter Break. Enjoy the time away with family and friends making some fun and positive memories. We can't wait to hear about what everyone did over the Winter Break including just relaxing and unwinding! We will open our doors after the break on Monday, February 24th at 9:10 AM.

We are looking forward to another successful week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- ***Monday, February 10th - McAvinnue Reopens @ 9:10 AM***
- ***Thursday, February 13th - McAvinnue's Night At Chuck E. Cheese (Lowell, MA)***
- ***Monday, February 17th - Friday, February 21st - Winter Break - No School***
- ***Tuesday, February 18th - Friday, February 21st - McAvinnue's February Vacation Program @ 8:00 AM - 11:30 AM***
- ***Monday, February 24th - McAvinnue Reopens @ 9:10 AM***
- ***Friday, February 28th - McAvinnue's "Lions Pride" Core Value All School Celebration: February Edition***

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

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***MCAVINNUE'S NIGHT AT CHUCK E. CHEESE***

# CHUCK E. CHEESE®

**McAvinnue Elementary School**

**"McAvinnue's Night At  
Chuck E. Cheese"**

**Thursday, February 13, 2025  
4:00 PM - Closing**

**199 Plain Street, Lowell, MA - Plaza Next To Target**



Please join us on **Thursday, February 13th from 4:00 PM - Closing** for McAvinnue's "Evening At Chuck E. Cheese" at 199 Plain Street in Lowell (next to the Target Plaza).

This will be a great time to come together and have some fun as a McAvinnue Community! There will be special deals that will save you money on game play and food purchases. You can use the coupon below to activate the savings.

We will send home a copy of the coupon with your child before the event. Please be on the lookout for this information on Class Dojo in the upcoming weeks. All of the money that is raised will go directly back to our students for various activities and events!

Make sure to take the time to come out for some fun! This is ALWAYS a great time!

Chuck E. Cheese Fundraisers

# EAT PIZZA.







**McAvinnues Chuck E Cheese Flyer - English.pdf**

[Download](#)  
2.4 MB



**McAvinnues Chuck E Cheese Flyer - Spanish.pdf**

[Download](#)  
2.4 MB

## ***WINTER BREAK – NO SCHOOL***

# **WINTER BREAK**



**MONDAY, FEBRUARY 17TH - FRIDAY, FEBRUARY 21ST**

**ALL LOWELL PUBLIC SCHOOLS WILL BE CLOSED. SCHOOLS WILL BE  
BACK IN SESSION ON MONDAY, FEBRUARY 24TH.**

**#MCAVINNUEPRIDE**

Winter Break will occur on Monday, February 17th - Friday, February 21st. All Lowell Public Schools will be closed. Please make the necessary arrangements to be available for your child during this week.

McAvinnue will reopen on Monday, February 24th at 9:10 AM.

Enjoy the week off and be sure to do some relaxing but fun things during your time away!



# BLACK HISTORY MONTH – FEBRUARY 2025

Black History Month for Kids | Learn about the month-long celebration of African American history

## BLACK HISTORY MONTH FOR KIDS



### When is Black History Month?

Black History Month takes place every February. It is a time to honor the history, culture, and contributions of Black people in the United States and around the world.

### Why Do We Celebrate Black History Month?

Black History Month started because many important Black figures and events were left out of history books. To fix this, historian Carter G. Woodson and the Association for the Study of Negro Life and History created Negro History Week in 1926. It later became a full month in 1976 when President Gerald Ford encouraged all Americans to recognize Black achievements.

Did you know? February was chosen because it includes the birthdays of Abraham Lincoln (Feb. 12th) and Frederick Douglass (Feb. 14th), two important figures in Black history.

### Famous Black Figures in History

Here are some important people you should know about:

- Civil Rights Leaders
  - Dr. Martin Luther King Jr. – Led the Civil Rights Movement and gave the famous "I Have a Dream" speech.
  - Rosa Parks – Refused to give up her seat on a bus, helping start the Montgomery Bus Boycott.
  - Harriet Tubman – Helped enslaved people escape through the Underground Railroad.
  - John Lewis – Fought for voting rights and marched with Dr. King in Selma, Alabama.
- Artists & Writers
  - Maya Angelou – A famous poet and author who wrote *I Know Why the Caged Bird Sings*.
  - Langston Hughes – A poet from the Harlem Renaissance who wrote about Black life in America.

- Jacob Lawrence – An artist who painted scenes of Black history.
- Scientists & Inventors
  - Mae Jemison – The first Black woman to travel to space!
  - George Washington Carver – Created over 300 uses for peanuts and helped farmers.
  - Garrett Morgan – Invented the traffic light and the gas mask.
- Modern-Day Heroes
  - Barack Obama – First Black President of the U.S. (2009-2017).
  - Kamala Harris – First Black woman Vice President of the U.S. (2021-2024).
  - Beyoncé – Award-winning singer and performer.
  - LeBron James – A basketball star who helps kids go to college.

### **How Can Kids Celebrate Black History Month?**

There are so many ways to learn and honor Black history! Here are some fun ideas:

- Read Books – Pick up a book about a Black hero. Some great choices are:
  - *Little Leaders: Bold Women in Black History* by Vashti Harrison
  - *Hidden Figures (Young Readers' Edition)* by Margot Lee Shetterly
  - *The ABCs of Black History* by Rio Cortez
- Watch Inspiring Movies – Some great movies and shows include:
  - *Ruby Bridges* (About a girl who helped end segregation in schools)
  - *The Princess and the Frog* (Disney's first Black princess)
  - *Soul* (A fun movie about music and culture)
- Create an Art Project – Draw a famous Black figure or make a collage about Black history!
- Write a Report or Poem – Choose a person from Black history and write about their achievements.
- Listen to Music – Enjoy jazz, hip-hop, and soul music from Black artists like Louis Armstrong, Aretha Franklin, and Beyoncé.
- Try Cooking a New Dish – Make a meal inspired by Black culture, like sweet potato pie, collard greens, or jambalaya!

### **Why Black History Month Matters**

Black history is American history. It's important to learn about the struggles and successes of Black people throughout time. By celebrating, we honor the past and help build a better future for everyone!

Black history isn't just for February—it's something we should celebrate all year long!

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## **McAVINNUE'S WEEK IN REVIEW**

### **100th Day Of School!**

It was the 100th day of school on Wednesday! What a fun and exciting day at McAvinnue! Check out the pictures below to see all of the cool things that occurred on this important school day!









## Early Release Day Teacher Planning Fun!

After our students left on Wednesday's Early Release Day, our teachers were working and planning for our next STEM Challenge in March! It was a great professional development session with our partners from the Acera School in Winchester.

Stay tuned for more information and pictures in March during our next Early Release Day!





## Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.



Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is [dralls@lowell.k12.ma.us](mailto:dralls@lowell.k12.ma.us) and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

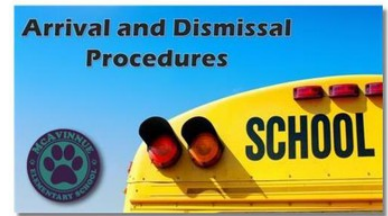
## ***DROP-OFF & PICK-UP LOGISTICS***

### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.



- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



### **Morning Lining Up Locations**

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### **Pick-Up Logistics**

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## ***BUS TRANSPORTATION INFORMATION***

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

**Click Here For The LPSD "Bus Lookup Tool"**

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

## Bus Pass Lookup Tutorial

### Tyler's Versatrans e-Link

Welcome to Lowell Public Schools eLink



User Name: 123456

Password: 123456

Login

User Name= lunch code

Password= birthday  
mmddyyyy

Example: August 31, 2009  
08312009

## Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>



# PHYSICAL EDUCATION CLASS INFORMATION WITH MS. RINDO

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

## Kindergarten-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
	Mrs. Pepper 205	Mrs. Lewis 206	Mrs. Zolkos 207	Mrs. Martineau 208



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## Kindergarten

## Grade 1-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Mrs. Corto 201	Mrs. Joyce 202	Mrs. Wagner 203



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## Grade 1

## Grade 2-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Mrs. Carrucini 103	Mrs. Michaud 104	



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## Grade 2

## Grade 3-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutrumbes 303	Mrs. M-C 304		Mrs. Ryder 301



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## Grade 3

## Grade 4-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Clemente 309	Mrs. Leczynski 310		Mrs. Figueiredo 307	Mrs. McCann 308



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## Grade 4

## CSA-Physical Education Class

Tuesday	Wednesday	Thursday
Mrs. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211



Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



## CSA

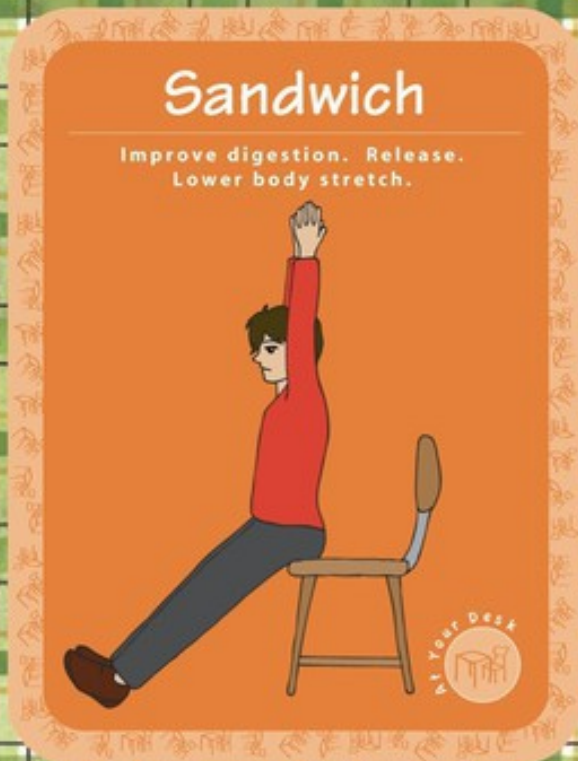
## McAvinnue's Yoga Pose Of The Week: "Sandwich"

We will practice a brand new pose called the "Sandwich" for this up and coming week after the Winter Break. This new pose will allow us to release tension through a lower body stretch that will improve your digestion! We will practice the "Sandwich" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!





## UPCOMING EVENTS



Here are important dates to remember in the month of February and early March:

- Thursday, February 13th - McAvinnue's Night At Chuck E. Cheese (Lowell, MA)
- Monday, February 17th - Friday, February 21st - Winter Break - No School
- Tuesday, February 18th - Friday, February 21st - McAvinnue's February Vacation Program @ 8:00 AM - 11:30 AM
- Monday, February 24th - McAvinnue Reopens @ 9:10 AM
- Friday, February 28th - McAvinnue's "Lions Pride" Core Value All School Celebration: February Edition
- Wednesday, March 5th - Early Release Day - Student Dismissal @ 1:30 PM
- Thursday, March 6th - Grade 4 Field Trip: Lowell Tsongas Industrial History Center
- Tuesday, March 11th - McAvinnue's Spring Picture Day (Faculty Picture; Individual Portraits; Class Pictures)
- Wednesday, March 12th - Kindergarten On-Site Registration @ McAvinnue @ 9:30 AM - 3:00 PM
- Thursday, March 13th - McAvinnue's Parent Teacher Conferences @ 3:45 PM - 5:45 PM

## ST MATH WEEKLY PROGRESS!

We're already five weeks into 2025, and the puzzle play has been incredible! With over 130,000 puzzles solved in just the new year alone, ST Math goals are being met across the board. The dedication, effort, and love for learning we're seeing is truly inspiring! As we celebrate Valentine's Day, let's also celebrate the hard work and perseverance of our students—we anticipate end-of-year progress to exceed 100%!



Check out last week's newest additions to the Main Office 100%ers board! The group cheers, special frames, and detailed trackers show just how much we value every student's success. Your creativity and encouragement make all the difference!

This Valentine's season, let's continue spreading the love for learning, celebrating progress, and cheering each other on!

Puzzle Count Progress = Love

- Students have solved an impressive number of puzzles- over 517,000!

The Math Journey Update

- McAvinnue's Puzzle Goal Progress is 53%. A JiJi mic drop moment...

The Winter Waddle Challenge wrapped up on Friday. Be on the lookout for the BIG reveal of the classroom winner this week!





**STMath**

over **517,000**  
puzzles solved



**53%**

**Average Puzzle Goal Progress**



**STMath**

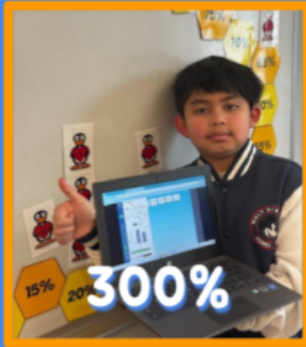


***ST MATH CHAMPIONS!***





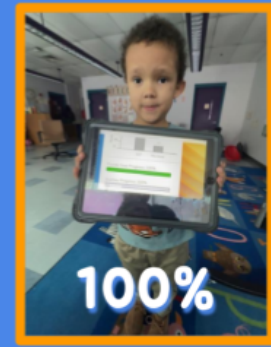
# McAvinnue's ST Math Progress Champions



**Jefferson**  
**Room 307**



**Gianni**  
**Room 204**



**Noah**  
**Room 109**

## 2024-2025 SCHOOL YEAR CALENDAR

Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School - Staff Orientation Day
Tuesday, August 27, 2024	First Day of School - Grades 1-12
Friday, August 30, 2024	No School - Labor Day Recess
Monday, September 2, 2024 *	No School - Labor Day
Tuesday, September 3, 2024	No School - State Primary Elections
Wednesday, September 4, 2024	First Day of School - Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School - Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day - Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal - Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School - Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024 *	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School - Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 - Friday, February 21, 2025]
Monday, February 24, 2025	Monday - Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School - Good Friday
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21 - Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School - Memorial Day
Friday, June 13, 2025	180 <sup>th</sup> School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 <sup>th</sup> School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month	
August	3
September	19
October	22
November	17
December	15
January	21
February	15
March	21
April	16
May	21
June	10





## MCAVINNUE'S MORNING ANNOUNCEMENTS

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!



Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

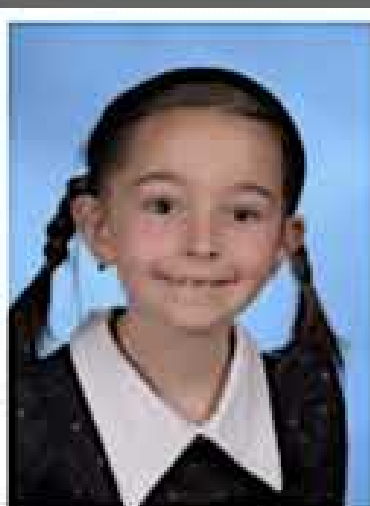
**McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.**

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjqjqfASL\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjqfASL_RLMleQ)

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

### McAvinnue's Morning Announcements 2.7.2025



## PARENT & FAMILY RESOURCES

### PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: [www.lowell.k12.ma.us/registration](http://www.lowell.k12.ma.us/registration)

You can also check out the flyer below for all of the details.

  
2025-2026  
PRESCHOOL/KINDERGARTEN  
REGISTRATION OPENS ON:  
**FEBRUARY 3, 2025**  
Lottery dates:

- Round 1 - Register for Pre-K and K on or before April 4th to be eligible for the first round of the lottery on May 2nd.
- Round 2 - Register for K on or before May 16th to be eligible for the 2nd K lottery on June 13th
- Round 3 - Register for K on or before June 27th to be eligible for the 3rd K lottery on July 18th

Families may register online at:  
**lowell.k12.ma.us**  
OR in person at the FRC:  
**151 Merrimack St.**

For more information, please visit:  
[lowell.k12.ma.us/Domain/84](http://lowell.k12.ma.us/Domain/84)

**CURRENT PRE-K FAMILIES:**  
If your child currently attends preschool, you are still required to enroll for Kindergarten.












## Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.



### SHOULD I SEND MY CHILD TO SCHOOL?

 STAY HOME FOR...	 Students May Return after...
 <b>Fever:</b> temperature of 100.4°F or greater	<b>Fever-free for 24 hours</b> without taking fever-reducing medicine like Tylenol or Motrin
 <b>Vomiting or Diarrhea</b>	<b>Symptom-free for 24 hours</b>
 <b>Skin Rash</b>	<b>Condition has been diagnosed by a doctor,</b> and treatment started if indicated, and doctor's note received by nurse
 <b>Red eyes with eye drainage:</b> yellow or brown drainage from the eyes, crusting at eyelashes	<b>Condition has been diagnosed by a doctor,</b> and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
 <b>Live Head Lice</b>	<b>Medicated Lice Shampoo Treatment has been completed,</b> and no live lice are found
 <b>A contagious illness</b> like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
 Student's immunizations are not up-to-date and an <b>exclusion notice</b> has been given	Required vaccines have been received






### OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever
  - Menstrual Issues – cramps
- Someone at home is sick, stressed, or hospitalized



## ¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

 <b>Estar en casa para</b>		 <b>Los estudiantes podrán regresar después de...</b>
	Fiebre: temperatura de 38 °C o mas alta	Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
	Vómitos o diarrea	 Sin sintomas durante 24 horas
	Erupción cutánea	Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
	Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas	Un medico ha diagnosticado y comenzado el tratamiento si es necesario, con nota médica (24 horas de antibióticos si es conjuntivitis)
	Piojos vivos	El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
	Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.	Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
	Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión	Se han recibido las vacunas necesarias



### Por Favor, Mande a su hijo/a a la escuela si...

- Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia)
- Sintomas de resfriado leve: Nariz congestinada, Nariz goteando, estornudos, tos leve, sin fiebre.
- Problemas menstruales: calambres
- Alguien en casa está enfermo, estresado o hospitalizado



## DEVO MANDAR MEU FILHO PARA A ESCOLA?

 <b>FIQUE EM CASA POR...</b>	 <b>Os estudantes podem voltar após...</b>
 <b>Febre:</b> temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin
 <b>Vômito ou diarreia</b>	 Sem sintomas por 24 horas
 <b>Erupção cutânea</b>	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recebido pela enfermeira.
 <b>Olhos vermelhos com secreção ocular:</b> secreção amarela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).
 <b>Piolhos vivos</b>	O tratamento com shampoo terapêutico para piolhos concluído e nenhum piolho ativo for encontrado.
 <b>Uma doença contagiosa, como catapora ou faringite estreptocócica</b>	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.
 <b>As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.</b>	As vacinas exigidas foram tomadas



### Por favor, envie seu filho(a) para a escola se...

- Doenças Crônicas (Asma Controlada, Diabetes, Anemia Falciforme, Epilepsia)
- Sintomas Leves de Constipação – Nariz entupido/coriza, espirros, tosse leve, sem febre
- Dificuldades menstruais – dores
- Alguém em casa está doente, estressado ou hospitalizado

## Mill City Grows: Mobile Farmers Market

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at [City of Lowell Senior Center](#) and [University Crossing at UMass Lowell](#). Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at [MillCityGrows.org/mobile-markets](https://MillCityGrows.org/mobile-markets) and shop all season long with Mill City Grows!



**MillCityGrows.org**  
**978-455-2620**

Purchase fresh, locally grown produce  
in Lowell, MA, all season long!

## **2025 Winter/Spring Indoor Mobile Farmers Markets**

**University Crossing Lobby**  
**220 Pawtucket Street**

Biweekly Wednesdays  
1pm - 4pm

January 22  
February 5, 19  
March 5, 19  
April 2

**Lowell Senior Center Cafeteria**  
**276 Broadway Street**

Biweekly Thursdays  
10am - 12pm

January 16, 30  
February 13, 27  
March 13, 27  
April 10

---

We welcome these payment options:

SNAP/EBT, HIP, APPLE PAY, WELLSENSE, MCG E-GIFT CARDS,  
CASH, CREDIT, DEBIT, S3 OTC/HEALTHY GROCERY CARD

---

### **Free parking near University Crossing for Mobile Market shoppers:**

UMass Lowell Salem Street Parking Lot  
294 Salem Street, Lowell  
(Please look for parking signs)

 **USDA** National Institute of Food and Agriculture  
U.S. DEPARTMENT OF AGRICULTURE

 **BANK OF AMERICA**



 **MDAR**

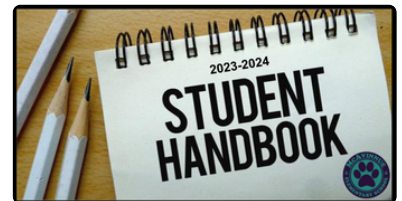


**Cummins  
Foundation**



## **Student Handbook 2024-2025**

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[\*\*Click Here To Access The LPS 2024-2025 Student Handbook\*\*](#)

**McAvinnue's School Attendance Information**



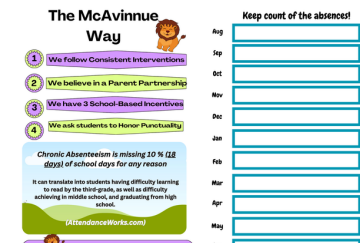
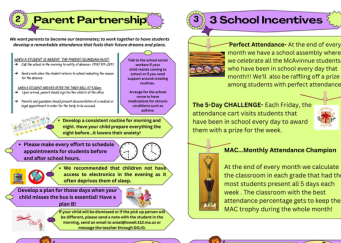
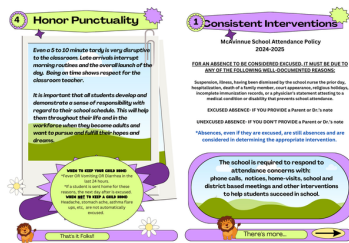
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach out directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

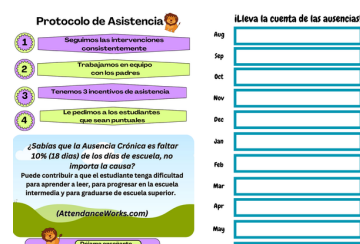
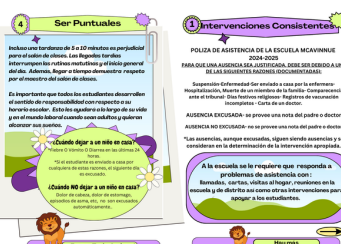
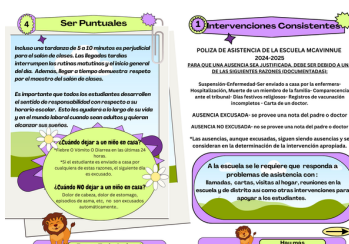
The handbook is provided in three languages below.



English

English

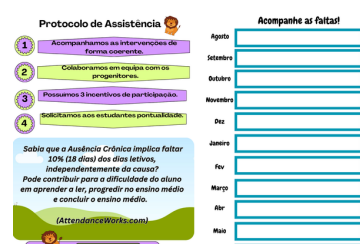
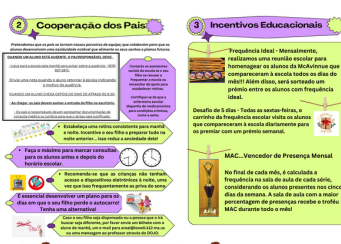
English



Spanish

Spanish

Spanish



Portuguese

Portuguese

Portuguese

## Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](https://www.lowell.k12.ma.us/foodservice).

Any concerns please feel free to email [foodservice@lowell.k12.ma.us](mailto:foodservice@lowell.k12.ma.us)

**GREAT NEWS**

**MASSACHUSETTS PASSES  
PERMANENT FREE  
SCHOOL MEALS FOR ALL**

**WHY EAT SCHOOL BREAKFAST + LUNCH?**

<b>Better Productivity</b>	improved focus, behavior, & attendance rate.
<b>Better Health</b>	good for the brain & gives students the fuel to learn.
<b>Better Days</b>	one less thing to worry about & it's free!

 PROJECT BREAD 

# FEBRUARY BREAKFAST & LUNCH MENUS

## February 2025 Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact [foodservices@lowell.k12.ma.us](mailto:foodservices@lowell.k12.ma.us)

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

**aramark** This institution is an equal opportunity provider

<b>27</b> Pumpkin Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	<b>28</b> Egg & Cheese Wrap Blueberry Muffin Served with Oranges & Juice	<b>29</b> Powdered Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	<b>30</b> Bacon, Egg, Cheese English Muffin Blueberry Pomegranate Granola Bar Served with Fresh Fruit Cup & Juice	<b>31</b> Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas
<b>3</b> Pancake Sausage on a Stick Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	<b>4</b> Mini Strawberry Filled Bagel Chocolate Chip Muffin Served with Oranges & Juice	<b>5</b> Mill City Sandwich Assorted Cereal Bars Served with Strawberries & Clementines	<b>6</b> Mini Cinni Caramel Bagel Cranberry Orange Sunrise Round Served with Fresh Fruit Cup & Juice	<b>7</b> Egg & Cheese Wake up Wrap Bagel with Cream Cheese Served with Apples & Bananas
<b>10</b> Cinnamon Raisin Bagel Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	<b>11</b> Sausage, Egg, and Cheese Bagel Sandwich Chocolate Chip Muffin Served with Oranges & Juice	<b>12</b> Apple Frudel Asst. Cereal Bar Served with Strawberries & Clementines	<b>13</b> Egg and Cheese on an English Muffin Nature Valley Round Served with Fresh Fruit Cup & Juice	<b>14</b> Fruit Breakfast Smoothie Bagel with Cream Cheese Served with Apples and Bananas
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<div> <div>No School</div> <div> </div> <div>February Vacation</div> </div>				
<b>24</b> Pumpkin Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	<b>25</b> Egg & Cheese Wrap Blueberry Muffin Served with Oranges & Juice	<b>26</b> Powdered Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	<b>27</b> Bacon, Egg, Cheese English Muffin Blueberry Pomegranate Granola Bar Served with Fresh Fruit Cup & Juice	<b>28</b> Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas

## FEBRUARY 2025 Elementary Lunch Menu

Breakfast and Lunch are FREE for all students!  
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.  
Students must take a fruit and/or vegetable with each lunch.  
All meals are served with the option of milk.  
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily.  
Menus are subject to change.  
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer  
HOTM=Harvest of the Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> Country Chicken Bowl with a Corn Muffin Country Bowl with Vegetarian Nuggets V Omelette with a Bagel Ham Chef Salad with Flatbread Italian Sub Roasted Potatoes & Carrots LG Apples & Pears	<b>28</b> Chorizo Taco Hamburger & Cheeseburger Black Bean Burger V Bagel Power Pack V Moroccan Harissa Wrap Kiddin Beans & Fiesta Corn Clementines & Apples	<b>29</b> <b>Laurie's American Chop Suey</b> Hamburger & Cheeseburger Black Bean Burger V Asian Chicken Salad with Flatbread Tuna Salad Sandwich on Bulky Roll Cucumber & Carrots LG Bananas & Berry Cups	<b>30</b> Pork, Black Bean, Plantain and Rice Bowl Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup	<b>31</b> Cheese Pizza V Big Mac Pizza Ham Chef Salad with Flatbread Italian Sub Red Pepper Strips & Side Salad LG Applesauce & Bananas
<b>3</b> French Toast Sticks with Chicken Sausage Or Vegetarian Sausage V Cheese Quesadilla V Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Broccoli Clementines & Apples	<b>4</b> Buffalo Chicken Dip with Tortilla Chips Hamburger & Cheeseburger Black Bean Burger V Yogurt & Fruit Power Pack V Greek Chicken Wrap Kiddin Beans & Fiesta Corn Clementines & Apples	<b>5</b> <b>Early Release!</b> Chicken Tenders with a Dinner Roll Vegetarian Chicken Nuggets with a Dinner Roll V Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Cucumbers & Carrots LG Bananas & Berry Cup	<b>6</b> General Tso's Popcorn Chicken With Fried Rice Crispy Chicken Sandwich Yogurt & Fruit Power Pack V Greek Chicken Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup	<b>7</b> Cheese Pizza V Pepperoni Pizza Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Red Pepper Strips & Side Salad LG Apples & Bananas
<b>10</b> <b>LTO: Pizza Waffalacos</b> Hot Pretzel Dippers V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Pickled Cucumbers & Waffle Fries Apples & Pears	<b>11</b> Arroz con Pollo Chicken Nuggets with a Dinner Roll Vegetarian Chicken Nuggets with a Dinner Roll V Chocolate Hummus Platter V Ham and Cheese Sub Street Corn Salad & Carrots LG Apples & Clementines	<b>12</b> Lok Lak Chicken Tenders with a Dinner Roll Vegetarian Chicken Nuggets with a Dinner Roll V Chicken Caesar Salad & Flatbread LG Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Berry Cup & Bananas	<b>13</b> Chili Garlic Popcorn Chicken with Lo Mein Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub Red Pepper Strips & Side Salad LG Apples & Bananas	<b>14</b> <b>Happy Valentine's Day!</b> <b>Chocolate Chip Cookies!</b> Cheese Pizza V Hawaiian Pizza Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<div> <div>No School</div> <div> </div> <div>February Vacation</div> </div>				
<b>24</b> Chicken and Vegetable Dumplings with Veggies Edamame Dumplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Broccoli & Carrots LG Apples & Pears	<b>25</b> Chicken Fajitas with a Tortilla Black Bean Taco V Hamburgers & Cheeseburgers Pizza Platter Chicken Caesar Wrap LG Roasted Chickpeas & Cucumbers Clementines & Apples	<b>26</b> <b>National Chili Day!</b> <b>HOTM: Chicken Butternut Squash</b> Chili with a Biscuit Bosco Cheese Sticks with Marinara Sauce V Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup	<b>27</b> Wally's Boomin' Nachos Wally's Boomin' Bean Nachos V Fish and Chips with Coleslaw and A Dinner Roll Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup	<b>28</b> Cheese Pizza V BBQ Chicken Pizza Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 485-6136 (Spanish). USDA is an equal opportunity provider and employer.





## Elementary Breakfast - February.pdf

Download  
405.0 KB



## Elementary Lunch - February.pdf

Download  
325.7 KB

### McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

**There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.**



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

**Click To Access Prep Sportswear Spirit Gear**

### General Information

**How can I update my contact information (phone number/email/address)?**

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family



moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

### **How do I update my emergency contacts?**

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

### **How do I register my child for the new school year?**

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### **What should I do if I need to register my child(ren) and I don't speak English?**

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### **How old does my child need to be to enroll in preschool or kindergarten?**

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### **How do I apply for a transfer for my child to change schools in the new year?**

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
  - Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.
-

# *COMMUNITY CONNECTIONS & OPPORTUNITIES*



## **Winter Playground Opportunities**

Check out the Winter Playground opportunities offered by the Lowell Public Schools. Registration information can be found below.





Winter **Playgroups** Offered January 7 through April 11, 2025.  
Tuesdays through Fridays from 10 am to 11am at locations in Lowell.

For children under 5 years old and their parent/caregiver.

Join us for free fun activities, storytime and parent/caregiver support.



**Registration is required for each playgroup.**  
Scan QR Code for details & to register.  
or visit this link for details & to register:  
<https://www.lowell.k12.ma.us/LPSplaygroups>  
or call 978-967-6784 for questions

10am Playgroup locations  
Tuesdays, **YMCA, 35 YMCA Dr.,** or  
Tuesdays, Lowell Housing Authority, **580 Chelmsford St**  
Wednesdays, **St. Rita's 158 Mammoth Rd**  
Thursdays, **YMCA, 35 YMCA Dr.**  
Fridays Pollard Library, **401 Merrimack St,** or  
Fridays St. Rita's, **158 Mammoth Rd**

**Grupos de juego** de invierno se ofrecen del 7 de enero al 11 de abril de 2025.  
De Martes a Viernes de 10 a. m. a 11 a. m. en sucursales de Lowell.  
Para niños menores de 5 años y sus padres/cuidadores.  
Únase a nosotros para disfrutar de actividades divertidas gratuitas, lectura de cuentos y apoyo para padres y cuidadores.

**Es necesario registrarse para cada grupo de juego.**  
Escanee el código QR para obtener más detalles y registrarse.  
o visite este enlace para obtener más detalles y registrarse:  
<https://www.lowell.k12.ma.us/LPSplaygroups>  
o llame al 978-967-6784 para preguntas

Ubicaciones de los grupos de juego  
10 a. m. con facilitadores que hablan español  
Viernes Pollard Library, **401 Merrimack St** o  
Viernes St. Rita's, **158 Mammoth Rd**



MASSACHUSETTS  
Department of Early Education and Care

Lowell Public Schools (LPS) CFCE program is funded by the Coordinated Family & Community Engagement grant awarded to the LPS by the Department of Early Education and Care.





**Grupos de recreação** de inverno oferecidos de 7 de janeiro a 11 de abril de 2025. De terça a sexta, das 10h às 11h, em locais em Lowell.

Para crianças menores de 5 anos e seus pais/cuidadores.

Junte-se a nós para atividades divertidas e gratuitas, hora da história e apoio aos pais/cuidadores.



**É necessário fazer inscrição para cada grupo de brincadeiras.**  
Escaneie o código QR para obter detalhes e se registrar.  
ou visite este link para detalhes e para se registrar:  
<https://www.lowell.k12.ma.us/LPSplaygroups>  
ou ligue para 978-967-6784 para perguntas

**រដូវរងា ក្រុមលេង** ផ្តល់ជូននៅថ្ងៃទី 7 ខែមករា  
រហូតដល់ថ្ងៃទី 11 ខែមេសា ឆ្នាំ 2025 ។  
ពីថ្ងៃអង្គារដល់ថ្ងៃសុក្រពី  
ពីម៉ោង 10 ព្រឹកដល់ម៉ោង 11 ព្រឹកនៅទីតាំង  
ក្នុងទីក្រុងឡូវែល។

សម្រាប់កុមារ អាយុក្រោម 5 ឆ្នាំ។

និងឪពុកម្តាយ/អ្នកថែទាំរបស់ពួកគេ។  
ចូលរួមជាមួយពួកយើងសម្រាប់សកម្មភាព  
សប្បាយៗ សាច់រឿង  
និងជំនួយពីឪពុកម្តាយ/អ្នកថែទាំ។

ការចុះឈ្មោះត្រូវបានទាមទារសម្រាប់ក្រុមលេងនីមួយៗ។  
ស្កេន QR Code សម្រាប់ព័ត៌មានលម្អិត និងដើម្បី ចុះ  
ឈ្មោះ។  
ឬចូលទៅកាន់តំណនេះសម្រាប់ព័ត៌មានលម្អិត និងចុះ  
ឈ្មោះ៖  
<https://www.lowell.k12.ma.us/LPSplaygroups>  
ឬទូរស័ព្ទទៅលេខ 978-967-6784 សម្រាប់សំណួរ  
ផ្សេងៗ

ម៉ោង 10 ព្រឹក ទីតាំង Playgroup ជាមួយអ្នក  
សម្របសម្រួលនិយាយភាសាខ្មែរ

ថ្ងៃអង្គារ នៅ LHA, 580 Chelmsford St

ថ្ងៃពុធ នៅ St. Rita's, 158 Mammoth Rd



Lowell Public Schools (LPS) CFCE program is funded by the Coordinated Family & Community Engagement grant awarded to the LPS by the Department of Early Education and Care.



## Girls Lacrosse Registration Now Open!

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: [www.lowellgirlslacrosse.com](http://www.lowellgirlslacrosse.com)

The season will run from the middle of February to June!

# LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

**Register online @ [lowellgirlslacrosse.com](https://lowellgirlslacrosse.com)**  
**Learn more about our programs on LGL's Teams and FAQs pages!**

✉ Questions, please email [lowellgirlsyouthlacrosse@gmail.com](mailto:lowellgirlsyouthlacrosse@gmail.com)



## Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register:  
<https://lowellyouthlax.com>

Practice session begin in March with game play occuring on Sundays.

Financial aid is available if needed.



# LOWELL YOUTH LACROSSE SPRING 2025 REGISTRATION NOW OPEN

UNTIL FEBRUARY 22, 2025

**\*FIRST TIME PLAYERS WELCOME\***  
**BOYS GRADES 1-8**

FINANCIAL AID  
AVAILABLE

**\*PRACTICES BEGIN IN MARCH\***  
**GAMES ARE ON SUNDAYS**



INQUIRE ABOUT OUR  
LEARN TO PLAY  
PROGRAM



**REGISTER ONLINE TODAY!**

[www.lowellyouthlax.com](http://www.lowellyouthlax.com)



[lowellyouthlacrosse@yahoo.com](mailto:lowellyouthlacrosse@yahoo.com)

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## Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit [www.pack7lowell.com](http://www.pack7lowell.com)

Pack 7 meets at St. Rita's Church directly across from McAvinnue!



Cub Scout Pack 7 is a Family Pack for both girls and boys  
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit [www.Pack7Lowell.com](http://www.Pack7Lowell.com) to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall  
(158 Mammoth Rd., Lowell)

[www.Pack7Lowell.com](http://www.Pack7Lowell.com)

[join@pack7lowell.com](mailto:join@pack7lowell.com)



## Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

[gsema.org/jion](http://gsema.org/jion)





## Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

**Be a Girl Scout**  
[gsema.org/join](http://gsema.org/join)

**girl scouts**  
of eastern  
massachusetts

**Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!**

**Tuesday, September 16  
6 - 7 PM**  
**Pollard Memorial Library**  
**401 Merrimack Road**  
**Lowell**

*Bring your grown-up(s) along.  
Scan code to RSVP or visit  
[www.gsema.org/eventsup2](http://www.gsema.org/eventsup2)*



## Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)





## Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI):** (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)
      - Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



## The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at [zdzineku@lowell.k12.ma.us](mailto:zdzineku@lowell.k12.ma.us).

## Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us).





Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

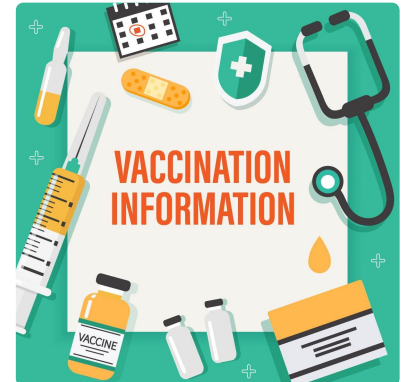
Download  
15.0 KB

## Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

Download  
1.1 MB

## MCAVINNUE'S FAMILY READ-A-LOUD: "VALENSTIENS"

Valensteins | Valentines for Kids Read Aloud





## McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



## Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)

## Our Vision

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel



Email: [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us)

Website: <https://www.lowell.k12.ma.us/Domain/21>

Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: [facebook.com/McAvinnueElementarySchool/](https://facebook.com/McAvinnueElementarySchool/)

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)



**Michael Domina**

Michael is using Smore to create beautiful newsletters